

Friendship Games XVII



2007 -2008

LAKEVIEW YOUTH FEDERATION INC.

**MALVERNE HIGH SCHOOL
AND
LAKEVIEW YOUTH FEDERATION INC.
FRIENDSHIP GAMES XVII**

Dear Coach,

Once again, the Lakeview Youth Federation, Malverne High School and the Farmingdale Track Teams cordially welcome you and your team to the 17th Annual Friendship Games. **There have been a few changes made to the Games this year.** We will have Two PRELIMINARY MEETS- all athletes will be able to participate on ALL THREE DATES. The boys and girls teams are run on separate days for the PRELIMINARY MEET ONLY. As always, the day of the FINAL will be both boys and girls teams running.

*** Due to the large response we have gotten over the last three years, we are limiting the games to 38 Girls Teams and 38 Boys Teams. We cannot safely handle anymore.**

NASSAU COMMUNITY COLLEGE FIELDHOUSE DATES

[**Entry Form**](#)

Preliminary Meets

Dec. 20	5 pm – 10pm	Boys
Dec. 21	5 pm – 10pm	Girls
Jan. 9	5 pm – 10pm	Boys
Jan. 10	5 pm – 10pm	Girls

Final Meet Jan. 21 9:00 am - 6:00 pm

9:00am – 12:00 pm	Frosh/Soph., Open	Boys
1:00pm – 3:00 pm	Championship Events	Boys & Girls
3:00pm - 6:00 pm	Frosh/Soph., Open	Girls

Boys and Girls

**Shot Put, High Jump, Pole Vault, Long Jump, Triple Jump & Race Walk.
Will be held at Farmingdale High School.**

Dec. 8	8:30 am
Dec. 15	8:30 am
Dec. 22	8:30 am

**P.S. Anyone interested in the weight throw (Hammer throw) should contact
Walt Henning at 631 269-5459**

1. There will be three divisions. The events and divisions are as follows

Open (Championship)	Novice	Frosh /soph.
High Jump	Shot Put	Shot Put
Shot Put	55m Dash	55m Dash
55m HH	300m Dash	300m Dash
300m Dash	600m Run	600m Run
600m Run	1000m Run	1000m Run
1000m Run	Mile Run	Mile Run

Pole Vault

Invitational 3200m 3000m

4 x 5 Lap Relay (2 teams limit)

4 x 2 ½ Lap Relay (2 teams limit)

Long Jump, Triple Jump & Race Walk. (Open only)

- 2 There are two preliminary track meets. A competitor is eligible for and should participate in, the preliminary meets to accumulate the most points.

(Open Division Only)

- 3 A competitor may enter three events in each of the preliminary meets. Points scored in one event may not be totaled with points scored in another. However, a competitor may **only compete in two Championship Events in the final.** Thus, if a competitor scores enough points to qualify for more then two (2) events, he/she must choose only two in which to compete in the finals.

- 4 Through the preliminary meets, points are to be scored for places 1 through 6 in each event as follows.

1 st	10 points	4 th	4 points
2 nd	8 points	5 th	2 points
3 rd	6 points	6 th	1 point

In events run around the track, points scores will be decided on a timed basis after all sections have been run.

5. After the preliminary, the top ***Twelve (12)*** point scorers in each event will be invited to compete in the CHAMPIONSHIP EVENT in the **FINAL.**

***** TOP EIGHT RELAY TEAMS ONLY *****

6. Points are to be scored for places 1 through 6 in each event in the championship events, as follows:

1 st	35 points
2 nd	30 points
3 rd	28 points
4 th	26 points
5 th	24 points
6 th	22 points

7. Prizes will be awarded for places 1 through 5 in each preliminary meet, and the final.

Competitors may compete in three events in each of the preliminaries, but in only two events in the **Championship Final Events**.

8. In case of a point's tie at the finals, the higher trophy will be awarded for the best performance on the final date.

9 All protests must be in writing and handed to the GAMES COMMITTEE within 15 minutes of the infraction.

10 Judges' decisions are final.

11 AWARDS

(a) All OPEN events will receive awards in the two- (2) preliminaries 1 through 5 places, in all individual open events. Medals will be awarded to places 1 through 3 in all relays events

(b) Novice, Frosh / Soph. Medals will be awarded to places 1 through 5 in all events
(NO Novice in the Final)

(c) CHAMPIONSHIP EVENTS;

Trophies will be awarded to places 1 through 6 to the overall point scorers in all individual championship events

Trophies will be awarded to places 1 through 3 in all championship relay events

Medals will be awarded to places 1 through 5 in individual events.

Medals will be awarded to places 1 through 3 in all relays events.

T- Shirts for all participants in championship events

12. Ten Special Awards as Follows:

Mom Gilbert Award	Most Improved	Female
Marty Goldberg Award	Most Improved	Male
Charles Nanton	Sportsmanship Award	Female
Robert F. Ferziger	Sportsmanship Award	Male
Louis Tolle	Most Outstanding Field Event Athlete	Female
Allen Dawson	Most Outstanding Field Event Athlete	Male
Albert Eugene Gaynor Sr.	Friendship Games Memorial Award	Female
Morris Leon Brandon	Friendship Games Memorial Award	Male
Rose L Parks	Most Outstanding Track Athlete	Female
CharlieFuge / Louis Orta	Most Outstanding Track Athlete	Male

Order of Events

December 20, 21, January 9 , and 10 ,

(Boys & Girls)

3200m/3000m Run	Open (One Heat Only)	Final
1000m Run	Frosh/Soph., Novice, Open	Final
55m HH	Open	Semi - Final
55m Dash	Frosh/Soph, Novice, Open	Semi - Final
600m Dash	Frosh/Soph., Novice, Open	Final
55m Dash	Frosh/Soph., Open	Final
Mile Run	Frosh/Soph., Novice, Open	Final
300m Dash	Frosh/Soph., Novice, Open	Final
4 x 5 Lap Relay	Open (2 teams limit)	Final
4 x 2 ½ Lap Relay	Open (2 teams limit)	Final

Please Note All Field Event will be held at Farmingdale High School, not Nassau Community College Gym.

Order of Events

January 21, 2008

9:00 am Boys Frosh/Soph. & Open

1000m Run	Frosh/Soph., Open	Final
55m HH	Open	Semi & Final
55m Dash	Frosh/Soph., Open	Heats & Semi
600m Run	Frosh/Soph., Open	Final
55m Dash	Frosh/Soph., Open	Final
Mile Run	Frosh/Soph., Open	Final
300m Dash	Frosh/Soph., Open	Final
4 x 5 Lap Relay	Open (2 teams limit)	Final
4 x 2 ½ Lap Relay	Open (2 teams limit)	Final

CHAMPIONSHIP EVENTS

Boys and Girls

1:00 PM	3200m/300m Run	Boys / Girls	Final
1:27 PM	55m HH	Boys / Girls	Semi
1:37 PM	1000m Run	Boys / Girls	Final
1:50 PM	55m HH	Girls / Boys	Final
1:55 PM	55m Dash	Boys / Girls	Semi
2:05 PM	600m Run	Boys / Girls	Final
2:15 PM	55m Dash	Boys / Girls	Final
2:20 PM	Mile Run	Boys / Girls	Final
2:35 PM	300m Dash	Boys / Girls	Final
2:45 PM	4 x 5 Lap Relay	Boys / Girls	Final
3:00 PM	4 x 2 ½ Lap Relay	Boys / Girls	Final

3:10 PM Girls Frosh/Soph. & Open

1000m Run	Frosh/Soph., Open	Final
55m HH	Open	Semi & Final
55m Dash	Frosh/Soph., Open	Heats& Semi
600m Run	Frosh/Soph., Open	Final
55 m Dash	Frosh/Soph., Open	Final
Mile Run	Frosh/Soph., Open	Final
300m Dash	Frosh/Soph., Open	Final
4 x 5 Lap Relay	Open (2 team limit)	Final
4 x 2 ½ Lap Relay	Open (2 team limit)	Final