

SECTION VIII OF NYSPHSAA, INC. 2007-08 BOYS & GIRLS WINTER TRACK SCHEDULE

Running Coordinator: Bob Baratta

Boys Coor: Charles Gilreath

Girls Coor: Kristen Frazer

Six Conferences aligned by enrollment. Conferences 1, 2, 3, are County Class "A"

Conferences 4, 5, 6, are County Class "B"

Ten Team practices are required before the first meet or scrimmage. (8 each Individual for a scrimmage) Each athlete is permitted to participate in 16* contests exclusive of the Section Championship, the State Qualifier, and the State Meet. Each athlete must have competed in 6 sanctioned school meets representing his school to be eligible for the Sectional and State Meets. The Conference Meets determine a Conference Champion and Runner-up team. The Class County A & B meets determine Class Champions and Runner-up teams. The State Qualifier meet is open only and determines individuals and relays teams that qualify to compete in the State Meet. The Section VIII Crossover meets are the first four meets of the season - no medals are awarded. Each team will have four crossover meets at SCCC in December and first two weeks in January. Four dates at SCCC in late January and early February for Conference Championship Meets

follow- the first time we will hold Conference Meets at SCCC.

Next is the Class County Meets; Class A boys & girls, and Class B boys & girls at SCCC and then the State Qualifier Meet for boys & girls at SCCC.

The State Championship will be on Saturday March 8th at Barton Hall, Cornell University. Girls meet at 8:45 AM, Boys at 1:30 PM.

CONF. 1	CONF 2	CONF 3	CONF 4	CONF 5	CONF 6
Lev.Dist	Bald	Elm	SSide	WHem	Sea
Mass	Hick	JFK	Rosl	FlPk	Manh
Free	E Mea	Cary	West	GCve	VSN
Sys	Plvw	GNS	NHP	GNN	Min
Ocns	Port	Mep	PlEd	IsTr	LV
Farm	LgBch	Jer	Want	Clk	CSH
Und	VSC	GCty	Lynn	Roos	Whtly
Hem	Cal	Law	Sew	VSS	OBay
	Herr	Hew	Beth	NS	Frnds
			REVISED*	ADDED*	*Malverne

Individual athletes will compete within their enrollment grouping. Individuals can win medals but do not count in team scoring.(3 is the limit for individuals/no school team.

These athletes can qualify for the Counties and the State Meet.

Seeding meetings for the Class County and State Qualifier Meets. No seeding meeting for Conference meets. All 3x5 cards are due upon arrival at Crossover meets, and at the Conference Meets(put in event boxes as in past years) Actual performances!

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Our contracted dates at SCCC are listed below: These dates are definite but they can be changed by SCCC if their needs require it. Makeup dates are not likely.

INVITATIONALS

CROSS OVER MEETS AT SCCC

WEDNESDAY	DECEMBER 5	6-10 PM	CONFS. 3,4 B&G
FRIDAY	DECEMBER 7	6-10 PM	CONFS. 2,5 B&G
TUESDAY	DECEMBER 11	6-10 PM	CONFS 1-6 B&G
THURSDAY	DECEMBER 27	6-10 PM	CONFS. 2,4,6 B&G
FRIDAY	DECEMBER 28	6-10 PM	CONFS. 1,3,5 B&G
THURSDAY	JANUARY 3	6-10 PM	CONFS. 2,5,6 B&G
SUNDAY	JANUARY 6	6-10 PM	CONFS. 1,3,4 B&G
FRIDAY	JANUARY 11	6:30-10:30 PM	CONFS 2,3,5 B&G
SATURDAY	JANUARY 12	5:00-10:00 PM	CONFS 1,4,6 B&G

CONFERENCE CHAMPIONSHIP MEETS AT SCCC

THURSDAY	JANUARY 17	6:30-10:30PM	GIRLS - 2,4,6
TUESDAY	JANUARY 29	6:30-10:30PM	BOYS - 2,4,6
MONDAY	FEBRUARY 4	6:30-10:30PM	GIRLS- 1,3,5
WEDNESDAY	FEBRUARY 6	6:30-10:30PM	BOYS- 1,3,5

CHAMPIONSHIP MEETS AT SCCC

SATURDAY	FEBRUARY 9	9AM-1PM	CLASS A COUNTY B&G
SATURDAY	FEBRUARY 9	3 PM -7PM	CLASS B COUNTY B&G
MONDAY	FEBRUARY 11	6:30-10:30 PM-	STATE QUALIFIER B&G

REMINDER. INDIVIDUAL ATHLETES MUST HAVE A CERTIFIED COACH AND PROVIDE A WRITTEN NOTICE TO THE RUNNING COORDINATORS. THIS IS THE BEST SCHEDULE WE HAVE HAD IN MANY YEARS. IT PROVIDES FIVE RUNNING DATES FOR ALL ATHLETES. EACH ATHLETE MUST HAVE COMPETED IN SIX SANCTIONED MEETS TO BE ELIGIBLE FOR THE COUNTY MEET – AS PER STATE HANDBOOK REGULATIONS.

ALL SCCC RULES MUST BE ENFORCED. COACHES AND SCHOOL SUPERVISORS MUST MAINTAIN ORDER AND CONTROL THEIR TEAMS AND SPECTATORS. SCCC IS A GREAT FACILITY AND WE MUST EVERY EFFORT TO COMPLY WITH THEIR RULES! ALL SCCC RULES ARE LISTED IN THE W.TRACK GUIDE. SCHOOL SUPERVISORS MUST BE IDENTIFIABLE. TEAMS SHOULD SIT TOGETHER UNDER SUPERVISION. NO ROAMING THE BUILDING. NO FOOD OR DRINK IS PERMITTED IN THE TRACK. WATER IS THE ONLY ITEM ALLOWED IN THE FIELDHOUSE. ALL PICTURE TAKING MUST BE FROM SPECTATOR AREAS ONLY!NO ONE ENTERS THE BUILDING UNTIL 30 MINUTES BEFORE MEET TIME. WARMUPS ARE OUTSIDE IN A DESIGNATED AREA. FULL DETAILES SUPPLIED LATER.