

SECTION VIII WINTER TRACK TEAM CHAMPIONSHIPS

<u>EVENT</u>	<u>CLASS STANDARDS</u>		<u>INDIVIDUAL CHAMPS</u>		<u>STATES 3rd QUAL</u>	
	<u>BOYS'</u>	<u>GIRLS'</u>	<u>BOYS'</u>	<u>GIRLS'</u>	<u>BOYS'</u>	<u>GIRLS'</u>
3200M	16		12		9:42.0	
3000M		16		12		10:20.9
55M	18	18	12	12	:06.5	:07.2
1000M	22	22	12	12	2:35.0	3:02.0
600M	20	20	12	12	1:24.5	1:38.5
55HH	18	18	12	12	:07.7	:08.5
1500W		16		12		7:28.0
1600M	22		12		4:28.5	
1500M		22		12		4:49.3
300M	18	18	12	12	:36.5	:41.1
SHOT	10	10	6	6	52'0"	37'7"
HJ	10	10	6	6	6'4"	5'3"
LT	7	7	4/5	4/5	21'6"	17'2"
TJ	7	7	4/5	4/5	43'6"	36'1"
PV	7	7	6	6	13'0"	9'6"

All Relays will be limited to 12 in the Class Counties, 12 in State Qualifier/ Individual Championships

TEAM CLASS COUNTY CHAMPIONSHIPS

SUFFOLK COMMUNITY COLLEGE

CLASS "B" SUNDAY, FEBRUARY 4, 2007 5:00 PM

CLASS "A" MONDAY, FEBRUARY 5, 2007 6:00 PM

SEEDING MEETING JANUARY 30, 2007 MacArthur HS 6:00 PM

*****ALL ENTRIES MUST BE SUBMITTED BY JANUARY 30, 2007 AT MacArthur HS before 6:00 PM*****

* EACH SCHOOL MUST SUBMIT AN ENTRY PLUS 3x5 CARDS WITH ALL REQUIRED INFORMATION
(first & last name, number, school, event, performance, Date and Place) **NO ESTIMATES**, LIST UPTO SIX (6)
NAMES FOR RELAYS. **CARD NOT FILLED OUT PROPERLY WILL BE REJECTED**

SEE GUIDELINE NUMBERS PER EVENT LISTED ABOVE

FOUR MEDALS IN EACH EVENT PLUS PLAQUES TO TEAM WINNER AND RUNNER UP

SCORING 10-8-6-4-2-1

1st AUTOMATICALLY QUALIFY FOR THE INDIVIDUAL CHAMPIONSHIPS

(they must be entered into the Individual Championships, however)

ORDER OF EVENTS (SEEDS RUN LAST)

1. B- 3200M FINAL	10. G- 600 M FINAL	18. B- 300M FINAL
2. G- 3000M FINAL	11. B- 55H SEMI	19. G- 1500W FINAL
3. B- 55 M SEMI	12. G- 55H SEMI	20. B- 4X800 FINAL
4. G- 55 M SEMI	Break	21. G- 4x800 FINAL
5. B- 1000 M FINAL	13. G- 55H FINAL	22. B- 4x00 FINAL
6. G- 1000 M FINAL	14. B- 55H FINAL	23. G- 4x400 FINAL
7. B- 55 M FINAL	15. G- 1500 M FINAL	24. B- 4x200 FINAL
8. G- 55 M FINAL	16. B- 1600 M FINAL	25. G- 4x200 FINAL
9. B- 600 M FINAL	17. G- 300M FINAL	

SHOT PUT - BOYS' FOLLOWED BY GIRLS'

HIGH JUMP - GIRLS' FOLLOWED BY BOYS'

LONG JUMP – BOYS FOLLOWED BY GIRLS

TRIPLE JUMP – BOYS FOLLOWED BY GIRLS

POLE VAULT – FEBRUARY 1, 2007 @ 6:00 PM FARMINGDALE HS, CC AND SQ

**ONLY A COACH CAN SCRATCH AN ATHLETE, SCRATCHES ARE DUE BEFORE CLERKING BEGINS
FOR THAT EVENT**

COACHES, PLEASE PICK UP MEDALS AS THE MEET PROGRESSES

INDIVIDUAL COUNTY CHAMPIONSHIPS FEBRUARY 12, 2007 SUFFOLK COMMUNITY COLLEGE - 6:00 PM

Entries are due following the Class Counties, before you leave. * CLASS "B" ENTRIES CAN BE HANDED IN THE DAY OF THE CLASS "A" FINALS, AT
THE MEET, NONE LATER – BUT MAY BE EARLIER

* Legal Entry: Limit 3 Scorers per event. Each athlete may only be listed in 3 events. All 6 names in a relay count as an
event. Numbers for every athlete must be listed.

STATE QUALIFIER/INDIVIDUAL COUNTY CHAMPIONSHIPS
SUFFOLK COMMUNITY COLLEGE
MONDAY, FEBRUARY 12, 2007 6:00 PM

ENTRIES DUE AT THE CONCLUSION OF THE CLASS COUNTIES MEET

*****ALL ENTRIES MUST BE SUBMITTED AT THIS TIME*****

ATHLETES FINISHING 1st IN THE CLASS CHAMPIONSHIPS ARE AUTOMATIC FOR THIS MEETBUT **THEY MUST STILL BE ENTERED** – INCLUDED IN YOUR ENTRY AND 3X5 CARDS WITH ALL REQUIRED INFORMATION. **CARDS NOT FILLED OUT PROPERLY WILL BE REJECTED**

ORDER OF EVENTS (SEEDS RUN LAST)

1. B- 4X400 SEMI
2. G- 4X400 SEMI
3. B- 4X200 SEMI
4. G- 4X200 SEMI
5. B- 3200M FINAL
6. G- 3000M FINAL
7. B- 55M SEMI
8. G- 55MSEMI
9. B- 1000M FINAL
10. G- 1000 M FINAL
11. B- 55M FINAL

12. G- 55M FINAL
13. B- 600M FINAL
14. G- 600M FINAL
15. B- 55H SEMI
16. G- 55H SEMI
BREAK
17. G- 55H FINAL
18. B- 55H FINAL
19. G- 300M SEM
20. B- 300M SEMI
21. G- 1500M FINAL

22- B- 1600M FINAL
23. B- 300M FINAL
24. G- 300M FINAL
25. G- 1500W FINAL
Break possible
26. B- 4X800 FINAL
27. G- 4X800 FINAL
28. B- 4X400 FINAL
29. G- 4X400 FINAL
30. B- 4X200 FINAL
31. G- 4x200 FINAL

SHOT PUT - BOYS' FOLLOWED BY GIRLS'

LONG JUMP – BOYS/GIRLS

HIGH JUMP - GIRLS' FOLLOWED BY BOYS'

TRIPLE JUMP – BOYS/GIRLS

POLE VAULT – FEBRUARY 1, 2007, FARMINGDALE HS 6:00 PM

ONLY A COACH CAN SCRATCH AN ATHLETE - SCRATCHES DUE BEFORE CLERKING BEGINS FOR THAT EVENT

FIRST AND SECOND PLACE IN THIS MEET QUALIFY FOR THE STATE MEET. THIRD PLACE MUST MEET THE STANDARD TO GO. PROOF OF PERFORMANCE IS NEEDED.

THE FIRST NON QUALIFIER IN THE 300, 600, 1000, 1500/1600 (3rd OR 4th) WILL QUALIFY EOR THE STATE MEET INTERSECTIONAL MEDLEY RELAY

CLASS STANDARDS			INDIVIDUAL CHAMPS		STATES 3rd QUAL	
<u>EVENT</u>	<u>BOYS'</u>	<u>GIRLS'</u>	<u>BOYS'</u>	<u>GIRLS'</u>	<u>BOYS'</u>	<u>GIRLS'</u>
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RELAYS	12	12	12	12		

NO AWARDS NO TEAM SCORE