Paul Limmer Invitational 2007
Girls Open Results

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Saturday, March 31, 2007

Mepham High School

	5000m	number	School	time
1	Courtney Kelly	1250	Mepham	18:48.7
2	Chelsea Hanson		Arlington	18:52.8
3	Kathleen Durante	1550	Friends Acadamy	18:57.7
4	Brianna Service		Arlington	19:15.0
5	Gabby Gjonas		Arlington	19:16.1
6	Bari Melker	1615	Oceanside	19:19.0

	400m IH			
1	R. Kelly		SJB	66.9
2	Magda Robak		HHHW.	68.2
3	Ashley Barfield	1244	Mepham	70.3
4	Maya Dennis	6604	Elmont	71.9
5	Cynthia Hernuaux		Arlington	73.1
6	Jessica Levy	1612	Oceanside	73.8

	800m			
1	Briana Welsh	1271	North Shore	02:18.3
2	Lucia Montefusco	1477	Levittown Dist.	02:23.0
3	Carolyn Nasr		Arlington	02:26.9
4	Kristin Wraith	1355	VSS	02:27.3
5	Christina Convey	5073	North Shore	02:27.9
6	Mary Lesage	1100	Calhoun	02:28.1

	Discus			
1	Pehmoeller		Arlington	95' 3"
2	Tiffiny Cahill	6706	Friends Acadamy	86' 11"
3	Atkinson		HHHW	84' 8"
4	Annolisa Pollicino	6879	Lynbrook	84' 2"

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5	Alia Franklin	8627	Hewlett	81' 2"
6	Kevana Jones	2429	South Side	81' 0"

	100m HH			
1	Arielle Lippman	1041	Lynbrook	15.7
2	Ibie Longjohn		HHHW	16.1
3	Kristie Lengel	1558	Lynbrook	16.3
4	Sarina Miekle	5839	VSC	.17.0
5	Helena Adams		SJB	17.2
6	Deb Peters	1247	Mepham	17.3

	High Jump			
1	Renee Mercedes	1649	Clarke	5' 3"
2	Kim McDaniel	6980	VSS	5' 0"
3	Lauren Dyer	5114	VSN	4' 10"
4	C. Reilly		Arlington	4' 6"
6	Deb Peters	1247	Mepham	4' 4"
6	Caitlyn Flanagan	1895	CSH	4' 4"
6	Celia Garay	5664	Oceanside	4' 4"

	400m			
1	Cara Ronstant	1354	VSS	57.9
2	Briana Welsh	1271	North Shore	60.1
3	Rebecca Kelly		SJB	60.5
4	Magda Robak		HHHW	60.7
5	Antoinett Bowley		Arlington	61.3
6	Heidy Pelacios		Saunders	61.7

	100m			
1	Naomie Francois		HHHW	12.5
2	Bowley		Arlington	12.8

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3	Megan Buah		Arlington	12.8
4	Seay		Arlington	13.1
5	Janna Kaufer	2234	Lynbrook	13.4
6	Desiree Walker	2437	South Side	13.8

	Long Jump			
1	Lauren Dyer	5114	VSN	17' .75"
2	Nice		HHHW	16' 8"
3	Spencer		SJB	15' 7.5"
4	Arielle Lippman	1041	Lynbrook	15' 4.5"
5	Heather Theiss	5445	Hewlett	15' 3.25"
6	Megan Buah		Arlington	14' 4.25

	1500m			
1	Briana Cano	1582	VSN	05:04.1
2	Erin O'Reilly		SJB	05:07.1
3	Erica Cirino	1117	CSH	05:08.6
4	Victoria Sanford		Arlington	05:12.3
5	Meaghan Lucie		SJB	05:13.0
6	Jackie Gentile		Plainview	05:15.4

	Triple Jump			
1	Danay Spencer		SJB	33' 9"
2	Jasmine Batchelor	5386	Farmingdale	33' 8"
3	Heather Theiss	5445	Hewlett	33' .5"
4	Lauren Dyer	5114	VSN	32' 7.5"
5	Deborah Peters	1247	Mepham	32' 3.5"
6	Ogechi Abara	5672	Port Washington	31' 6.5"

	Shot Put			
1	Pehmoeller		Arlington	35' 10"
2	Kevana Jones	2424	South Side	35' 3.35"

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3	Debbie Pearsall	5686	Oceanside	34' 8.75
4	Spencer		SJB	33' 4"
5	Martha Parker	5610	Mepham	28' 10.25"
6	Chelsea Macco	1897	CSH	27' 5.5"

	200m			
1	Naomie Francois		HHHW	25.9
2	Dyree Richardson	6414	Elmont	26.6
3	Gina Nocerano	2198	Levittown Dist	26.7
4	Anonett Bowley		Arlington	27.1
5	Y. Bowley		Arlington	27.2
6	Megan Buah		Arlington	27.4
6	Janna Kaufer	2234	Lynbrook	27.4

	4x100m				semi
1	Elmont			.52.0	51.9
2	HHHW			.52.0	51.7
3	Lynbrook			53.2	52.5
4	South Side			54.2	53.4
5	Port Washington			54.4	54.1
6	Plainview			55.6	55.5

	4x800m			
1	Mepham			10:28.6
2	Arlington			10:34.4
3	SJB 'A'			10:43.2
4	Bellmore JFK			11:03.1
5	SJB 'B'			11:11.7
6	CSH			11:12.6

	4x400m			

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1	Elmont			04:24.2
2	VSC			04:37.8
3	Bellmore JFK			04:43.3
4	CSH			04:48.2
5	Mineola			04:57.0
6	Plainedge			04:57.7