

SECTION VIII, NYSPHSAA BOYS & GIRLS CROSS COUNTRY

OVERVIEW FOR 2008

Girls Coordinator: Katie Dunne

Boys & Running Coordinator: Bob Baratta

Conferences are aligned by enrollment. Conference quad and tri meets decide the Conference and Division Championships. The Conference Meet format remains the same, and 5 teams and 5 individuals from each Conference will qualify for the Sec.8/State Qualifier Meet. This meet provides Open Section VIII Championships- teams and individuals; and Classification Team and Individual Champions- who are the qualifiers for the State Meet with the - 5-class XC State breakdown. **Numbers are balanced statewide, but are skewed in several sections. AA is Mass to PW, A is Herr to GNN, B is VSS to CSH, C is Whtly to Frnds, We have no D schools. Most of our schools are in AA and A.**

Qualifying – Top 5 teams and top 5 individuals not on those teams advance to Open/St.
. Specials cases are usually accepted to advance. Awards are on an individual and team basis.

SKED#	CONF	ONE	CONF	TWO	CONF	THREE	CONF	FOUR	SKED#
-DIVs	1A	1B	2A	2B	3A	3B	4A	4B	B-DIVs
A1 B8	Mass	Hick	Cal	Elm	SSide	Beth	Clk	LV	<u>8</u>
A2 B9	Free	Bald	GNS	Div	Law	Lyn	Manh	CSH	<u>9</u>
A3 B10	Sys	EMea	LB	Jer	PIEd	GNN	Seaf	Whtly	<u>10</u>
A4 B11	Farm	Plnvw	VSC	GCty	Want	VSS	Roos	Malv	<u>11</u>
A5 B12	Ocns	PW	Mep	NHP	West	GCov	NS	CP	<u>12</u>
A6 B13	Und	Herr	JFK	Hew	WHem	FP	Min	OB	<u>13</u>
A7 B14	Hem	Mac	Cary	Rosl	Sew	IT	VSN	ER	<u>14</u>
								Frnds	15(B)

SCHEDULE

Sep.16, 17, T,W	Sep. 22,23 M, T	Oct. 6, 7 M,T	Oct. 14, 15, T,W	Oct.20, 21, M, T
1-8-10-15	1-7-12-14	1-6-11-16	1-5-9-13	1-2-3-4
2-7-9-16	2-8-11-13	2-5-12-15	2-6-10-14	5-6-7-8
3-6-12-13	3-5-10-16	3-8-9-14	3-7-11-15	9-10-11-12
4-5-11-14	4-6-9-15	4-7-10-13	4-8-12-16	13-14-15-16

#s 15 and 16 are unassigned(except for Friends) Team numbers in end columns. Times and schedule with team names will be available after mandatory coaches meeting at beginning of the season.

Boys and Girls teams compete on the same day, same site. Pairings of conferences are different each week, so the day a school competes, and the schools they run with, varies each week. Schools are limited to two competitions each calendar week. Ten days of practice are required before the first meet or scrimmage.

Schools are responsible to complete their league schedules. We will continue our increased security, safety, and medical policies, and run the first two league meets at 4K and run 5K thereafter. (Will be voted on at a spring meeting) We utilize our website for results from tri/quad meets, invitations, and notices. .

ADDRESS – sectionviiiixctf.com. Webmaster: Bob Beer. Rosters can be submitted by email - forms on website. New interactive website linked to original site.

Conferences assigned each day.

Week	9/16, 17	9/22, 23	10/6, 7	10/14, 15	10/20, 21
Day One	1 & 3	1 & 4	1 & 2	2 & 4	2 & 3
Day Two	2 & 4	2 & 3	3 & 4	1 & 3	1 & 4

All meets are at Bethpage State Park and start at 4:25 PM with a J.V. Race. A time schedule is formulated at the mandatory coaches meeting in September, so that schools with bus problems can be accommodated

Conference Championships:* **Sat. Oct. 25th-** 9:30AM, Conf.1,2 - 1:00 PM Conf. 3,4 Bethpage Park
 Frosh-Soph Meet: **Monday Oct.27th-** Bethpage Park...4:00 PM
 Section VIII/State Qualifier:* **Sat. Nov.1st;** Boys at 1:45 PM, Girls at 2:15 PM Bethpage Park
 T. Roosevelt/Clint Miller Inv: **Mon. Nov. 3rd,** at 4 PM... Bethpage Park (backup date-Nov.5th)
 Nassau Coaches Meet **Sat. Oct. 18th,** Bethpage St.Park 1 PM
 NYSPHSAA State Meet, **Sat. Nov. 8th,** Sunken Meadow Park, Section XI at 9:00 AM
 Federation State Meet **Sat. Nov. 15th,** Bowdoin Park, Wappingers Falls, Girls-12:15PM,
*** Following Sundays saved for Conf and Sec 8 meet as a backup for extreme weather**

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